

## Camping Gear Needed

### Required:

- Tent
- Sleep system (sleeping bag or blanket) IN DRY BAG
- Sleeping pad (Yes you need one, the ground will suck the warmth out of you.)
- Camp clothes (In dry bag)
- Water (minimum 6 liters, if you freeze it you will have ice water for awhile)
- Other drink (water gets boring and you need electrolytes)
- Food (Three meals plus snacks)
- Camp stove if needed
- Matches/lighter for stove
- Cooking gear (pot, utensils, cup, spork)
- Headlamp or flashlight
- Personal toiletries (medications, glasses, contacts)

### Suggested

- Bug spray
- Head net
- Camp chair (that fits in the kayak!)
- Wide brimmed hat
- Sunscreen
- Lip balm
- Dry towel
- Soap
- Needed medications