

Tampa Bay Sea Kayakers

April, 2019 - Volume 27, Issue 4

www.tbsk.club

www.facebook.com/TampaBaySeaKayakers



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 10:00 AM Rescue Rodeo - all levels, all paddle craft	Apr 1	2	3	4 10:00 AM Fort DeSoto to Shell Key - Level I	5	6 10:30 AM Honeymoon Island, East Side - Level II
7	8 7:00 PM TBSK Monthly Meeting - Non- Members Invited	9	10 9:00 AM Upper Tampa Bay Park - Level I	11	12	13 9:00 AM Werner Boyce Salt Springs State Park Paddle - Level I plus
14	15	16	17	18	19	20 8:30 AM TBSK Picnic - Fort De Soto Park
21	22	23	24 9:00 AM Fort DeSoto to Egmont Key, Level III	25	26	27 9:00 AM Apollo Beach Preserve and Shultz Preserve - Level II
28 8:30 AM KAYAK SUPPORT FOR PICNIC ISLAND CLEAN- UP DIVE -LEVEL I	29	30	May 1	2	3	4

 Trips & events indicated by this symbol are led by TBSK members.

[Click here to go to Event Page on tbsk.club](#)

At the April meeting Jill Lingard will discuss two topics important to our membership: the current state of Florida's springs and the Florida Paddling Trails Association which seeks to develop paddling trails and protect the environment that surrounds them. Jill is the president of the FPTA, and through her participation in the Florida Springs Watch she is actively involved in efforts to protect these beautiful but fragile parts of the state's environment



Ebb & Flow Safety and Training

Tone Up and Tune Up

Jean Totz

ACA Kayak Coach and TBSK Director of Safety and Training

Photos by Bill Biles



While kayaking over the years I have picked up some techniques from fellow paddlers that help to increase one's flexibility and strength. These techniques are performed in your kayak, on the water and while paddling.

Some basics in getting started:

Posture:

Good posture strengthens your back and your abdominals muscles. When sitting in your kayak, sit with your back straight and add a slight lean forward, this facilitates more balance and your ability to rotate in your kayak.

Wiggle room:

Long, long ago, when I began paddling, it was strongly advocated, one must be one with the kayak, fused and squeezed in tight! We would mold, closed cell foam, inside our kayak, making sure our upper thighs and hips were nice and snug. Now days, the general thinking has shifted to having some wiggle room between your body and the kayak. This allows the body to move freely in your kayak. This greatly increases your ability to rotate and increase your range of motion, in performing a variety of maneuvers.

Back in the old days, our foot pegs were drawn up so to keep our knees and thighs in constant contact with the underdeck. Now the pegs are lengthened, and the legs are kept down in a more relaxed position. When needed the thighs are raised up to facilitate edging, leaning, and hip snapping. This of course, reduced cramping and increases blood flow, along with more balance in the kayak.

As a general rule, there should be enough space to allow you to slip your hand between your hips and the side of the kayak. You should also be able to rotate your hips in the seat.

Rotation, Rotation, Rotation

Rotation is the cornerstone of effective and efficient paddling technique. Rotation is a term used to describe the utilization of all the large muscles in the torso when paddling, as opposed to just using arm muscles.

Let's get started Toning and Tuning Up!

Warming up with the Forward Stroke: These exercises exaggerate the torso rotation and stretches the back and shoulder muscles. Do as many that feels good to you.

Safety continued

The Frankenstein

This technique is used in coaching the forward stroke. It is the best exercise to fully experience what torso rotation feels like.

In a sitting position while in your kayak, grip your paddle with your hands as far apart that allows a wide comfortable grip.

Your arms should be slightly bent at the elbow.

Begin paddling forward.

Your arm motions should appear like a figure 8 over the deck.

Your arms are kept stiff like the famous Frankenstein walk.

This will look like a very exaggerated torso rotation. You should feel a comfortable stretch along your back and shoulder muscles. I like doing this at the beginning and throughout the paddle.



Bow Tapping

A great one to promote torso rotation. I enjoy doing this anytime while paddling:

- Initiate a forward stroke on the right side,
- Before you crossover the deck to take the next stroke.
- Pause and tap the left side of the bow with the right bow paddle blade.
- Repeat on other side



Kayak Yoga These are stretches performed during a break after paddling awhile and you are warmed up. The focus is on the lower back and ham strings:

Forward Bend

While sitting in your kayak take your feet off the pegs.

Bring your toes up, pointing to the underdeck

Grab your cockpit rim on both sides

Bring your chin to your chest

Gently pull forward using the grip cockpit rim. Bring your upper body toward the deck to your comfort level and hold for 10 to 20 seconds. Repeat up to 3 times.





Safety and Training

Continued

The Twist:

While sitting in your kayak, rotate your torso to the left so that your left shoulder is toward the stern of the kayak. Rotate to your comfort level.

Place your left hand on the stern deck, easy does it.

Feeling good? If so, then gradually see if you can reach the trim line on the right side of the kayak, with your left hand.

While rotating, carefully turn your face toward the stern of the kayak to your comfort level. (This exercise helps me, when I am trying to see behind me while kayaking)



The Lean Back:

This is for the more flexible folks. It may feel a bit tippy at first so have someone hold your kayak if you are trying it for the first time.

While sitting in your kayak, take your feet off the pegs.

With a wide grip on your paddle, raise the paddle over your head

Begin to lean back to your comfort level

Some of you will be able to lay on the stern deck by lifting your hips.

I have always practiced back bends. This will keep your back flexible.



It is good practice to begin any new activity slowly and carefully. You will eventually see an improvement in your flexibility each time you practice.

Paddle On



The Reluctant Camper – Chass. River Campground

Story and Photos By Hank Brooks



Our oldest son has a saying, “Just because you can do something, doesn’t mean that you should.” Camping at the Chass River campground the night before Therese Eby’s paddle there in early March, sounded like a good idea when I first considered it. I had some camping gear, but of course I had to get all the latest and greatest gadgets that I saw on You Tube and Amazon - the gear all great campers must have. And, of course, I wanted to be a great camper. Therese said that she was staying at an Air BNB near the launch site the night before, to reduce travel time to the launch site (about 1.5 hours for me). For what I spent on camping gear, her alternative was much more cost effective.



When I told someone at the March TBSK meeting that I was camping before this paddle, they said, “Really, after what happened at the Hidden Coast Festival last year?” I had hoped that everyone had forgotten about that. While my tent did stay up, my air mattress collapsed and left me yearning for a good night’s sleep. In addition I sorely missed my “white noise” machine and CPAP which I have at home to ensure sound sleep.



I wanted to be prepared for my dream paddle in British Columbia this August, which requires camping. So I was game for this camping thing and ready to give it another “Go”! Since my last debacle, I promised myself I would be better prepared by pre-checking all my equipment to help ensure success. That’s what engineers do. So I got a bigger, better, badder tent that would hold my newly purchased cot and allow me to stand in the tent. I have found that for accurate tent capacity, you need to divide the tent maker’s stated capacity by at least two. So, a tent which they say will sleep four people, will actually only sleep two comfortably. Let’s just say that my tent will sleep four by my standards. Then I practiced setting up the tent in my back yard. Packing away the tent, I learned there was no way I could put it back into the same bag from which it came. So, of course, I needed to buy a new bag so that the tent would fit into it.



One of my other sons suggested that I put a “white noise” app on my cell phone to help with my sleep problem. I checked and it seemed to work well in practice. I even bought a solar battery back up to recharge the phone. Trying to make it work when it counted was a different story. I finished all my camping checklists and felt I was ready to go. Making a reservation at the campground was simple, since they took credit cards.

I showed up, checked in, and got my camping spot. Ground tarp and tent up first I said to myself. I piled the tent onto the top of the ground tarp and waited for a “porter” to come and set up the tent for me. No such luck. Let’s see if remember were these poles fit. Slowly the tent started to take shape. Total time was about an hour, but that included 20 minutes trying to get the rain flap right (I had not practiced that in my test set up). The rain flap is one of those things you never need until unexpected moister falls on you. It’s similar to a PFD, try putting in on once you are in the water. Setting up my cot I realized that I forgot the two cross bars for my cot – another thing for my check list. The foam mattress I purchased was to make sure that my sleeping pad did not lose air.

Time for supper! You might ask yourself, what are his food preparation skills. I decided to keep it simple by relying on a local Burger King. Best burgers in town. After supper there was some quiet time down by the river which I contemplatively enjoyed until the no-see-ems started to come out.

Now for the true test of camping for this city boy. Could I get a good night’s sleep to be ready for the paddle in the morning. About 8 p.m. I was ready for bed. The weather was promising with a night temperature of about 60 degrees and no rain in the forecast. You could hear the call of a few animals and the occasional roar of a motorcycle from a nearby road. But then I had my cell phone app “white nose”, so I turned it on. At this point I should explain that it was a free app. You experienced people are probably saying, “Uh Oh!” and you would be correct. At first I brought up the app and started the “white trying to sell me something. So I fixed that problem. Back to sleep, but then it stopped again. There was a short in the line from the cell phone to my ear buds. This kept happening intermediately thru the night. The next time it stopped, I had rolled onto my side and pressed the cell phone screen, accidentally putting it on “pause”. Once I had figured all this out, it was past midnight and I drifted off into a sound sleep. Ahhh success! At 2 am.it stopped again, causing me to pop up wide awake. The cell phone battery had run out of juice. But I had brought a recharge battery, which I found out would not keep the phone operating because it was a slow charge. I drifted in and out of sleep a bit. About 4 a.m. I checked and the phone was almost fully charged, so I turned the “white noise” back on. At 6:30 a.m. I could not seem to get back to sleep, so I thought, “Why force it. Let’s go back to Burger King for breakfast.” It took about an hour to break up camp, although I must admit that I need to properly repack most of the items when I got them home. I can say that I was the first person in our paddle group to arrive at the launch site.

Conclusions

Like kayaking, camping is more fun for me when done with others so that you can share the good, the bad and the ugly.

I still need to find a way to sleep better. I just bought a battery operated “white noise” machine (which does not shut off for commercials) and am looking at a battery operated CPAP machine. I still need to get ready for my British Columbia paddle.



TBSK March Picnic at Fred Howard Park

By Hank Brooks with pictures by Shannon Turner , Bill Biles



Photo Shannon Turner

Sometime Florida weather just can't make up it's mind. The forecasters were first predicting rain. Then they called for heavy fog. Unfortunately this kept many "fair weather" paddlers away from our picnic. The morning of the picnic the temperature was about 60 degrees and warming with overcast skies. It turned out to be a great day for paddling – no rain and not too hot.

We met at Fred Howard Park and had three trips planned. Dave Schmidt led the Advanced trip to Three Rooker Bar, Bob Morris led the Intermediate trip and headed toward Anclote Key while Hank Brooks led the Easy paddle along the mangroves. Bill Biles spent some time with Jean Totz taking photos of skills demonstrated for Jean's TBSK newsletter article.

We all came back to the burgers prepared by Pat and Matt Yadon – yea chefs!



Ebb & Flow

Peace River

By Bryan Katz



A few of us planned to meet at a midpoint between Dade City and Ft Myers for a day in the river, so we settled on a paddle along the Peace River.

The Peace runs from Bartow until it dumps out in the Gulf, and it has paddling put-in spots almost all the way along this stretch.

I've been here all winter, yet I really don't understand why the rivers are running high. The Peace is running around a foot higher than normal at this time of year. A couple years ago, Mary Mangiapia gave a talk at a club meeting where she pointed out that fossil hunting on the Peace is great during low water in winter when sand bars are exposed. No sand bars on this trip, but that didn't stop tourists. We passed several groups wading into the water and sifting for fossils.

We paddled from Paynes Creek Historic Park near Bowling Green down to Pioneer Park in Zolfo Springs. The Paynes Creek launch site seems lightly used. Once you enter the park, you'll turn down a narrow dirt path and meander for about a mile before reaching the put-in. Pioneer Park, on the other hand, is a tourist mecca. It's a popular city park with playgrounds, a band shell, and even an RV park. The launch ramp was wide open and highly used. Wauchula River Park was a convenient lunch spot with a picnic table right next to the fence by the river. With a fast current, we realized our day would be shorter than planned, so we decided to explore any little side creek we could find. We paddled up Paynes Creek, Little Charlie Creek off Heard Bridge road, Max Branch near Main Street in Wauchula, and Hickory Branch just outside of Zolfo Springs.

We only saw fifteen gators on this trip. One was just about 20 feet upriver from one of the fossil hunting groups. They said that they figured all the noise they're making would keep him away. We had more luck spotting Great Blue Herons because we were chasing them downstream at just about every bend in the river.

Talking to a couple fossil hunters we met at the take-out, they said that this stretch of river is still ripe with discoveries. They showed us about a dozen sharks teeth and one other fossilized bone, and they said another group nearby had found a 2 inch megalodon tooth.

This was an isolated stretch of river. We saw few signs of civilization. Looking up Peace River's history, this wasn't always the case as it was heavily used for barges shipping phosphates. Prior to that in the mid 1800s it was a border between Native Americans and settlers, with some fighting along its banks. But now it's isolated and peaceful.



Paynes Creek as seen from the Peace River



Paddling Up the Little Charlie Creek



Gator

Ebb & Flow

TBSK picnic, March 16, 2019, level II

by Bob Morris,

track by Barb Uzenoff, photos by Barb and Bob



Earlier in the week the weather forecast for that Saturday was questionable but it turned out to be a nice day, 70 degrees, generally overcast but no rain. The water temp was 78 degrees, the wind was light out of the northeast and it was almost flat calm water. If not perfect conditions, very close indeed.

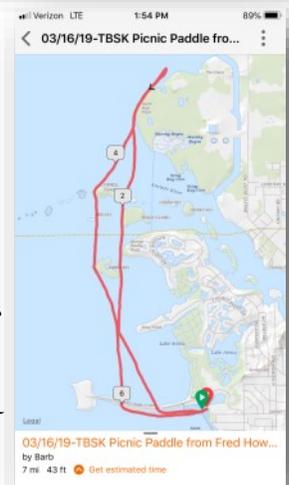
The plan was to paddle under the beach causeway, head north toward the Anclote River, and reverse course to be back at the launch at 11:30. We didn't want to miss lunch. Nine of us departed a little after 9:00, targeting a pace of just over 3 mph.

While paddling, a new(ish) member, Hamid Marzban, wondered if it one could draft behind a kayak, keeping the pace while using less energy as he does on a bicycle. We pulled in behind Jeff Guild and, sure enough, it works very well... if you can grab a safety line. These valuable tips are a major benefit of paddling with TBSK.

As we were heading north Al Tillson called out "dolphins". A group was to the west, parallel to our track. It is fun to guess their next surfacing spot and count the dorsal fins as they breathe. To me it looked like a tight group of three, one smaller than the other two, with a fourth traveling farther ahead. So graceful, so efficient.

We grouped up to cross the Anclote channel, looking for high speed boat traffic that could make for an exciting crossing. Just as we started across, there were two large swirls in the water between paddlers, adding some unanticipated excitement. Fortunately, the perpetrators did not contact any boats and we proceeded unhampered. Since the creatures were not actually seen, there was speculation on the source. Manatee or shark were suggested alternatives. Which do you prefer to imagine?

We turned around when we were just north of the power plant and took a more westerly route back, around the outside of Firnell Island and Rabbit Key. Barb Uzenoff uses an app called "Ride with GPS". It provides the track image with distance, speed, duration, and average moving speed. Looks like it does a nice job recording paddle trips too. In total we paddled 7 miles in 2.33 hours, about 3 MPH. Thanks to Pat and Matt Yadon the grill fare was great and we had a variety of cabbage dishes in honor of St. Patty's day. Another perfect TBSK picnic!





SPEAKER GREETER VOLUNTEER WANTED

We are seeking a volunteer (or volunteers to share the load for alternate meetings) to arrive at the monthly meeting 30 minutes early to greet the speaker and assist them with setting up their laptop or other equipment. This will free up Al (the vice president) to participate in the executive board meetings which occur during the period before the membership meetings. If interested please contact Al at al-tillson@yahoo.com or 813-832-3961.

Correction March Newsletter: Little Manatee River story listed Pictures as Barb Uzenoff and Jan Machnikowskia ALL photos were Barb Uzenoff's

Send Us Your Kayaking Hacks

Items you make or use to make kayaking easier ,or more enjoyable
send to wcbiles@gmail.com



TBSK's Support to Adventure Outfitters' Gasparilla Cleanup on Seddon Channel

By Al Tillson

Photos By Barb Uzenoff and Jan Machnikowski



Five of us launched on Sunday March 3rd from the beach just south of the Davis Island dog park on a trip to support the post-Gasparilla clean up dive sponsored by Adventure Outfitters of Tampa. We began by paddling about 2 miles past the Peter O'Knight Airport and up Seddon Channel to Marjorie Park marina where we met the divers. After a short briefing there, we escorted the group of about 10 divers for the next 2 hours, helping them stay on location (i.e., close to shore and out of the power boat channel) and assisting with carrying out some of the "plunder," which consisted of pirate beads and an impressive array of other items. Most noteworthy was a seriously barnacle-encrusted traffic cone.



After the clean-up the group decided on a short detour for our return trip. We continued up Seddon Channel before turning eastward and circumnavigating Harbor Island. The trip provided nice views of the Conference Center, the cruise ship area on Channelside, and the commercial docks on Hooker's Point. Along the way we found an open strip of Harbor Island shoreline for a quick lunch break. If group interest and conditions warrant, we can follow with a





Letter of Appreciation from Texas EquuSearch
 Mounted Search and Rescue Team
 By Bill Biles



On Jan.28, 2019 we received a message on the TBSK Facebook Page Messenger by Daphine Drew from the Fla chapter of Texas EquuSearch. The request was for a group of paddlers to help in a search on a stretch of the Hillsborough River, for a missing gentleman since oct or nov 2018. Andy Bartley responded to the message and gladly accepted. He sent out a email for volunteers to help in the search he also organized the event with Daphine.

On Jan 31,2019 Andy Bartley Keith Fowler, Tom Kopar, Steven Loevin, Phil Sheesley and Bill Biles responded to the request and we met Daphine and Mrs. Keene the wife of the missing person at the Lowry Park Boat Ramp. We launched our boats and paddled upstream to the dam and back. With no success but we did give the family some peace of mind.



Texas EquuSearch Mounted Search and Recovery Team
 4013 FM 517, Suite B, Dickinson, TX 77539
 Mailing Address: P.O. Box 395, Dickinson, TX 77539
 Office: (281) 309-9500 Fax: (281) 534-6719
www.texasequusearch.org

Dear Bill Biles,

On behalf of Texas EquuSearch I would like to express my heartfelt thanks for the time and effort that you and your kayak team extended to our Florida branch in the search for Robert Keene in Tampa FL on January 31, 2019.

You helped us immensely by eliminating the Hillsborough River as a possible location site. We would not have been able to search those waters at that time without your help. The quick way that your team assembled and was ready, willing and able to help this family in need was outstanding. Everyone was extremely impressed by the level of organization and professionalism that each of you displayed. Most importantly, the compassion showed to the missing man's wife was greatly appreciated.

We look forward to a continued working relationship with you and your team in the future.

With appreciation,

Tim Miller
 Founder/Director
 Texas EquuSearch

Getting Ready for Summer

You Can Help Support Youth Paddling Camps



Please help us make some wonderful water-based memories for children across the state while instilling in them a passion for paddling, water stewardship and the environment that will last a lifetime.

Each year the Florida Paddling Trails Assn, of which TBSK is a member, sends disadvantaged youths to paddling camps. In 2018 they sent 62 young people. They are striving to send more kids this coming summer.

These camps are partially funded by caring paddlers like yourself who are eager to pass on their lifelong love for paddling to the next generation. That's where you come in – you do not need to be a FPTA member! Donate to FPTA's Legacy Fund today on FPTA's [Go Fund Me](#) or [Facebook Fundraiser pages](#). Help make some great memories!



Events

Kayak Camping for TBSK Members

Many of our TBSK members are interested in camping, especially from a kayak. If you are interested in camping, please make sure to let Andy Bartley email: sailonbear@hotmail.com know. Contact him you need to get in touch with all of the TBSK members interested in camping .

Also, Andy Bartley launched a Facebook Page for TBSK Camping:
<https://www.facebook.com/groups/1780031405551417/>



Member Requested Trips

Anyone can request a paddle to a location they want to go and we will see if we can find a trip leader to lead the trip for you. Just submit a Trip Request by the 10th of the month prior to your trip so the next newsletter can advertise it with the trip leaders' name.

You Can Do This By Emailing tbsk@tbsk.club with "Trip Request" in the subject line.

1. Put-in and take-out locations
2. Destination and total distance
3. Preferred Date(s) and time
4. Skill level required (see Trip Planning/Paddling guide on TBSK.club)
5. Phone number (should trip leader have questions)

Trip Coordinator will:

- Post this trip request with the monthly "request for trips" which is sent out to trip leaders.
- Notify the person requesting the trip if we can find a trip leader and if the trip can be led exactly as requested, or if some modification to the trip is necessary.

New Places To Paddle

Comments from our member survey observed we always paddle the "same old places". We need to get out of our rut! With that in mind, we are encouraging our trip leaders to expand their paddling horizons. All members should note that we have a "Paddle Places" section on our web site which lists places to paddle in the greater Tampa Bay area (see menu on bottom of the home page).

In "Paddle Places" one of the things you will find is the Pinellas County Paddling Guide, which lists about 100 different places to paddle in Pinellas County - where most of our members live. The link to the guide, which TBSK helped create, is found below:

<http://www.pinellascounty.org/blueways/pdf/BluewaysGuide.pdf>

If you have a favorite place to paddle, and it is not listed in "Paddle Places", please contact Hank Brooks at jbrook5@tampabay.rr.com



News & Events Around the State

(updated info in red)

Click on items logo to go to there general website



Friends of the Island Parks (<http://www.islandparks.org>) supports Caladesi Island State Park and Honeymoon Island

- Osprey Trail Walks every Wed, Sat, Sun at 11
- Beach Walks every Friday at 11
- Monthly Shell Show. 3rd Saturday each month at Nature Center, 1pm
- Wildlife Status:
- Visit caladesidiscoverycenter.com to learn about the forthcoming interpretive facility.
- The 2018-19 season is the 12th consecutive year for eagles to nest on the island. Historically, there was a nest reported at the Scharrer homestead, and the female eagle was reported to have been shot on the nest, according to a Clearwater Sun article and notes from Myrtle Scharrer Betz in 1935. This new nesting occurrence was the first time eagles have reestablished nesting on the island since the 1935 homestead nest.
- Eagle Nesting 2018-2019:
An adult Eagle returned September 2, 2018 and was observed perched on the nature center building, and at the nest site tree on the osprey trail.



FPTA. We are the steward of all of Florida's water trails. Our mission is to develop water trails, protect the environment along the trails, and be a resource and voice for paddlers. Jill Lingard is the FPTA President, and Hank Brooks is this Region's Director for FPTA. (Our region is Hillsborough, Pinellas, & Manatee)
<http://www.floridapaddlingtrails.com>



The Adventurous Woman. Fishing, Camping, Kayaking, Hikes for women of all skill levels. Meets the 3rd Wednesday at Bill Jackson's. 6:30pm, February-November.



Society for Ethical Ecotourism: Florida SEE is looking for volunteers to help vendors become certified. See info about SEE on Facebook: <https://www.facebook.com/FloridaSEE.org>. Info on the volunteer position can be seen here:
• http://www.floridasee.org/docs/Florida_SEE_Assessor_Position_Description_2015.pdf



Paddle Florida Paddle Florida is a non-profit corporation that promotes water conservation, wildlife preservation, prings restoration, and waterways protection via fun and educational multi-day paddling trips in Florida's most spectacular river and coastal environments. For trip details and registration, visit <http://www.paddleflorida.org/> To register for trips: <http://www.paddleflorida.org/services/preview-and-register-for-trips-5165.html>



Tampa Bay Watch: <http://www.tampabaywatch.org>

- **Savor The Bay SUNDAY, APRIL 28, 2019** [info click here](#)



Keep Pinellas Beautiful strives to keep our community clean and beautiful. We have many volunteers and adoption programs available in which you can participate.
<http://www.mykpb.com/>



Keep Tampa Bay Beautiful: <http://keeptampabaybeautiful.org>
• [Hillsborough River & Coastal Cleanup](#) Saturday, September 15, 2018
Our mission is to promote a culture of environmental stewardship through volunteer and educational opportunities.



Egmont Key Alliance (<http://www.egmontkey.info/>)

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Florida Water Environmental Association: Over 70 years after its creation, FWEA continues to make historic differences in the advancement of the water environment, science and technology, making it a leading professional water organization in Florida. Our history says a lot about the leadership, dedication and hard work. <http://www.fwea.org>



Visit our Sponsors for the Best Kayaking Equipment and Advice!

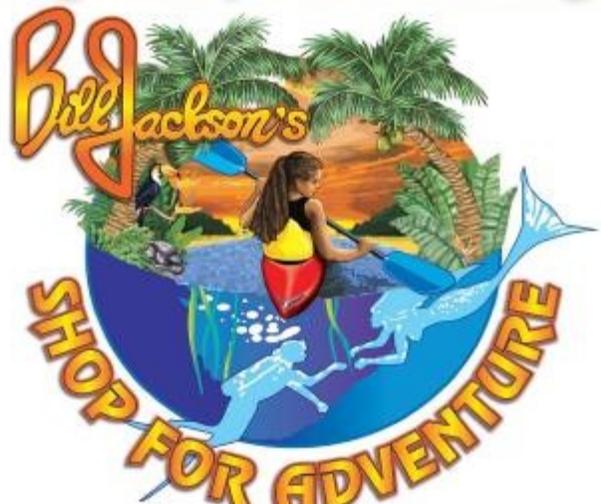
How did new participants find out about the club?

Since early April we have been tracking how new members found out about TBSK. The results so far are:

- Outfitters 3
- Internet Search 3
- A Friend 3
- Other 3
- Facebook 3
- Brochures 3

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DAGGER, 17.5' Passage canoe; best tandem canoe ever! Lightweight Royalex (54 lbs.), durable, stable and fast. Responsive in rapids. Excellent condition, never abused or repaired. Stored indoors. Teal green with wood appointments and inlays. Two Sawyer paddles and nice canoe cover included. \$700 or best offer. Contact psettlegoode@msn.com or 727.520.7903

THANK YOU to those who have already registered! We still need a few more for the swimmers on our waiting list.

Please Volunteer to Pilot for Swim Around Lido Key 2019



Your support is much appreciated! Thank you!

Thank you for being a volunteer pilot/kayaker for a swimmer in one of our past events. *Without your support, the solo swimmers can't swim the race safely. You've been an important part of their success and they also much appreciate your help.*

We need pilots like you for this year's race on Saturday, April 27. We have many solo swimmers coming from all over the USA and they don't have their own pilot and need your help again.

Each volunteer pilot receives:

- \$80 gift card after the race is over
- Official race t-shirt
- Excellent post race meal
- Free beer provided by our sponsors
- Official race pint glass after the race is over
- Goodie bag

Date: Saturday, 4/27/2019

Location: Ken Thompson Park, Lido Key, Sarasota, FL

Race details: Click [here](#)

PLEASE REGISTER AS A PILOT NOW

Info for TBSK.club

Board Members

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jbrook1776@gmail.com

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TBSK MEMBER CLASSIFIED ADS

.No classifieds submitted this month. Classified Ads Policy: Any TBSK member may place a classified ad. The ad is free for the first six months. After six months ad expires. May be maintained for \$5 per month. Please notify the editor when item is sold.

Welcome New Members!

- Ken Alvord
- Carla Boehme
- Robert and Margaret Chiasson
- Norma Roth

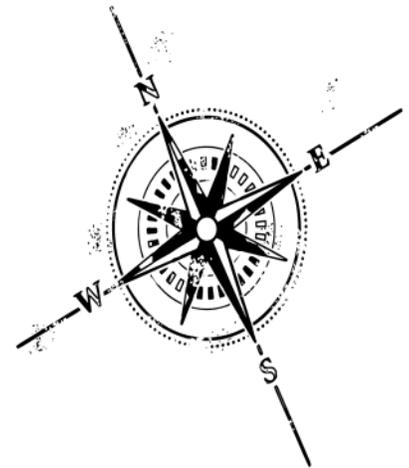
Members that renewed this month:

- Kathy Traina
- Bob Jump
- Bill McCormick
- Jackie Simpson
- Mary Jo Woodard
- Carol Behnken
- Deb Schroeder

Treasurer's Report

2018

Beginning BALANCE	\$481 5
INCOME: Dues	\$345
EXPENSES	
picnic	\$213
Picnic Shelter	\$283
Wild Apricot	\$540
Ending Balance	\$412 4



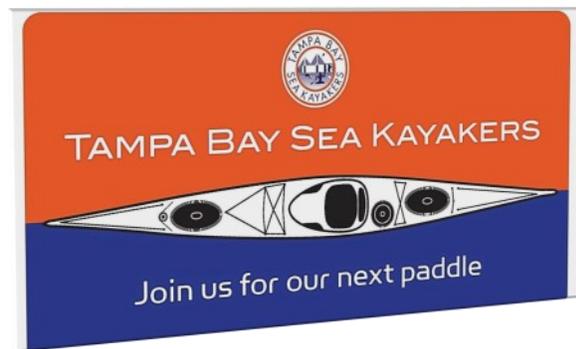


Tampa Bay Sea Kayakers Become A Member

You may join TBSK online using your web browser. Just go to the link <http://www.tbsk.club> and click "Join Us" at the top of the page. You can pay club dues at the end of the process.

To join the Tampa Bay Sea Kayakers by mail, click on "Join Us" at the top of the TBSK web site. Click on the Liability / Waiver Form. Print the form and send it to the address listed at the bottom of this page. The application and waiver form are also available at TBSK meetings held at Bill Jacksons Store on the second Monday of each month at 7:00pm.

We hope to see you at our next TBSK event!



**Tampa Bay Sea Kayakers
P.O. Box 8682
Seminole FL 33775-8682**



FACEBOOK HELP PLEASE

We have received suggestions from many people that Facebook is an excellent way to let people know about all the great things which are happening at TBSK. We also understand that for Facebook to work well, our TBSK page needs to have frequent, fresh information posted. That's where you come in. Bill Biles is in charge of our Facebook page and his contact info