

# Kayak Camping

## Packing a Kayak

# Equipment



Gear bags are separated into groups for bow, stern and day hatches, cockpit, deck and deck bag or “whiskey” hatch.

# Equipment



## Front hatch

- ① Sleeping pad
- ② Kitchen kit\*
- ③ Sleeping bag
- ④ Ikea bag
- ⑤ First Aid bag
- ⑥ Dry shoes bag
- ⑦ Tent poles
- ⑧ Tent stakes
- ⑨ Tent and rain fly

\*All metal should be packed away from compass (item ⑩)

Use compression style dry bags whenever possible for sleeping bags/pads, tent and, clothing



# Equipment – Kitchen



## **Kitchen bag\***

- ❶ Titanium coffee cup stuffed with Optimus stove, flint stick, waterproof matches in case and detergent
- ❷ Coffee cup lid
- ❸ Main cook pot lid
- ❹ Main cook pot
- ❺ Flexible cutting boards
- ❻ Utensils
- ❼ Propane fuel can stand
- ❽ Can opener
- ❾ Mesh washing bag
- ❿ X expandable plate/bowl

\*Not shown: dish towel, scrubbie and stove wind guard (in pot)

# Equipment



## Whiskey hatch or deck bag

- ❶ Day and night flares
- ❷ Re-entry sling
- ❸ Sun protection lotion
- ❹ Hand cleaning gel
- ❺ Cell phone
- ❻ Insect repellant

\*Not shown: snacks, power gel and optional paddle leash



# Equipment



## Cockpit and deck\*

- ① Paddle float
- ② Sponge
- ③ Pump
- ④ PFD
- ⑤ Charts and tides
- ⑥ Spare paddle

\*Not shown: deck  
compass, spray skirt, tow  
belt

# Equipment – PFD pockets



## Left PFD pocket

- ❶ Pad and grease pen
- ❷ Chapstick
- ❸ Compass
- ❹ CPR mouth guard
- ❺ Electrical tape

## Right PFD pocket

- ❶ Knife
- ❷ Whistle
- ❸ Signal mirror
- ❹ Signal dye
- ❺ First aid kit

\*Not shown: VHF  
radio with GPS,  
signal strobe



# Equipment



## Day hatch

- ① Toilet bag
- ② Ikea bag
- ③ Tarp
- ④ ID, medical info, money and toilet trowel
- ⑤ Micro boxes for electronics
- ⑥ Lighting bag (incl. headlamp)
- ⑦ Storm cag
- ⑧ Bothy
- ⑨ Repair bag
- ⑩ Water bladders\*

\*Water bladder use determined by access to fresh water. Not shown: Fleece clothing kit (use based on water temperature)



# Equipment



## Stern hatch

- 1 Food Bag\*
- 2 Hygiene (bathroom)
- 3 Kayak clothing
- 4 Camp clothing
- 5 Accessories
- 6 Propane fuel
- 7 Food bags\*
- 8 Ikea bag
- 9 Water bladders
- 10 Cockpit cover

\*Food bags (4) are for breakfast, lunch, dinner and snacks

Not numbered – dust pan and broom

Also shown: extra green dry bag in case wet clothes need to be packed

# Equipment – Typical menu

## **Breakfast**

- Instant oatmeal assorted flavors
- Instant coffee
- Sweetener packets
- Creamer packets
- Trail mix with dried fruit
- Pop tarts or Fig Newtons (fruit cookie)

## **Dinner**

- Mountain House freeze-dried meals--Lasagna, Spaghetti, Pasta Primavera, Chili Mac w/Beef, Noodles & Chicken, Chicken Polynesian, Beef Stroganoff Instant coffee
- Mountain House Desserts: Fruit Crisps--peaches, strawberries, dried strawberries
- Salt and pepper packets
- Hot beverage (based on weather)

## **Lunch**

- Pita or other round flatbread (packs well)
- Tuna in packets
- No refrigeration bacon
- Salt and pepper packets
- Mayonnaise packets
- Pre-made jello with fruit cups
- Hot beverage (based on weather)

## **Snacks/Dessert**

- Peanut butter and cheese crackers
- Non melting candy/gum
- Trail mix (no chocolate or carob)
- Biscotti
- 100 calorie packets of assorted nuts
- GU or other gel packs

Sample food selections based on 2200 - 2400 calories/day in tropical environment. Snacks are for mid-morning, mid-afternoon and campfire.

# Equipment – Hygiene bag



## Hygiene bag

- ❶ Toilet paper
- ❷ Opsack bag\*
- ❸ Soap/shampoo
- ❹ Wipes
- ❺ Dental care
- ❻ Comb
- ❼ Deoderant
- ❽ Medications
- ❾ Towels/wash cloth

\*Opsack bags are used to mask smells when camping near wildlife.  
Not shown: Shave kit



# Equipment – Accessories



## Accessories

- ① Work gloves
- ② Waterproof matches
- ③ Insect repellent
- ④ Garbage bags
- ⑤ Camp gear repair kit\*
- ⑥ Insect head net
- ⑦ Paracord for clothes lines, tarps etc.

Accessories vary based on environment

\* Contents of camping gear repair kit include tent pole repair tube and replacement bungee, zipper repair, fast connector repair, sewing kit, replacement bug screen material, sil fix kit, safety pins, sleeping pad repair kit, cable ties and seam sealer.

# Equipment – Repair (kayak)



## Repair bag\*

- ❶ Reed replacement hatches
- ❷ Inflatable beach ball
- ❸ Gorilla Tape
- ❹ Disposable gloves and epoxy
- ❺ Cable ties
- ❻ Locite Stick'n Seal
- ❼ Goo hull sealing tape
- ❽ Replacement deck line
- ❾ Tools: allen and regular wrenches, multi tool
- ❿ Replacement water bladder mouth piece

\*Items may vary based on gear carried

# Equipment – Optional



## Optional\*

- ❶ Lightweight, foldable stool
- ❷ Hot beverage thermos
- ❸ Lightweight, foldable table
- ❹ Stake assortment based on conditions
- ❺ Larger cook kit if sharing group gear
- ❻ Larger utensils for larger cook kit
- ❼ Dish towels and scrubbies

\*Not shown: dive mask, frisbee, water cannon, reading, art materials, photo gear, games etc.



# Equipment – Tips



Use a brightly colored line to ease retrieval of dry bags stuffed in bow or stern



Use key tags and a Sharpie to identify contents of dry bags. Connect with plastic cable tie.



Stuffing one Ikea bag in each hatch makes unloading and loading easier



Opsak resealable bags keep food and other smells away from wildlife



# Equipment – In action



Boiling water for breakfast  
coffee and oatmeal



Lightweight, 1 person tents  
minimize weight



Moving gear and kayaks  
separately saves your back



Use vestibules to store gear





# Equipment – It all fits!



- Gear must be balanced port to starboard and bow to stern
- Place heaviest items (like water bladders) directly behind seat and low
- Keep metal away from deck compass
- Test float the kayak for balance before paddling away